

Blepharoplasty

Blepharoplasty is a type of surgery that repairs droopy eyelids and may involve removing excess skin, muscle and fat. As you age, your eyelids stretch, and the muscles supporting them weaken. As a result, excess fat may gather above and below your eyelids, causing sagging eyebrows,

droopy upper lids and bags under your eyes.

Besides making you look older, severely sagging skin around your eyes can reduce your side vision (peripheral vision), especially the upper and outer parts of your field of vision.

Blepharoplasty can reduce or eliminate these vision problems and make your eyes appear younger and more alert.

To help decide if blepharoplasty is right for you, find out what you can realistically expect and explore the benefits and risks of blepharoplasty.



Why it's done

You might consider blepharoplasty if droopy or sagging eyelids keep your eyes from opening completely or pull down your lower eyelids. Removing excess tissue from your upper eyelids can improve your vision. Upper and lower lid blepharoplasty can make your eyes appear younger and more alert.

Blepharoplasty may be an option if you have:

- Baggy or droopy upper eyelids
- Excess skin of the upper eyelids that interferes with your peripheral vision
- Excess skin on the lower eyelids
- Bags under your eyes

You may undergo blepharoplasty at the same time as another procedure, such as a brow lift, face-lift or skin resurfacing.

Insurance coverage may depend on whether the surgery repairs a condition that impairs vision. If you have the surgery only to improve your appearance, the cost probably won't be covered by insurance.

Lower lid blepharoplasty is almost always done just for cosmetic reasons.

